



RISE SC

WARM UP CUP



COVID-19 HEALTH & SAFETY GUIDELINES

GENERAL HEALTH AND SAFETY OPERATIONAL PROTOCOLS

PRE EVENT

- All event staff will receive pre-event training on protocols and guidelines.
- All players, coaches, staff and spectators should do a temperature self-check prior to attending a RISE event - If a person has a temperature over 100 degrees, that person should not attend.
- Anyone who feels sick or has any symptoms of COVID-19 should not attend.
- Anyone who has had close contact with a person known to have COVID-19 should not attend.
- All attendees planning to be on site should bring their own face coverings, hand sanitizer, sunscreen, water.

DURING THE EVENT

- Significant signage, ground markings and barriers will be used to ensure proper health and safety protocols are utilized and observed by all attendees (proper social distancing, use of face coverings and good hygiene practices).
- Field marshals will be located throughout the facility to assist guests and remind of safety protocols.
- Game schedules have been created to reduce the number vehicles and people on site and to limit contact between spectator groups and/or teams.
- Local authorities will be on site at all times.
- Trained medical staff will be on site at all times.
- Award ceremonies will not take place - Awards will be provided directly to coaches or team managers in a manner meant to reduce interaction.
- No team or group pictures allowed on site.
- Tables and chairs in the food court area will not be provided (to eliminate an area of potential transmission).
- There will be no team benches provided and teams should not bring their own bench (as players must remain 6 ft. apart while not playing).
- Anyone who becomes sick during the event should leave the facility immediately or seek medical attention at a medical tent.

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POST EVENT

- Post-event collaboration with Houston Methodist to assist in evaluating and assessing guidance, policies and procedures.
- RISE will send a post-event survey to participating teams.

TOURNAMENT PARTICIPANT PROTOCOLS

PLAYERS AND COACHES

- Do not allow any team member(s) with symptoms to attend event.
- If you are sick, feeling sick or have a temperature of 100 degrees or higher, you must not attend the event.
- Players and coaches should remain in their vehicles until the designated time to enter the facility (to allow teams and supporters at previous games to leave the facility).
- EVERYONE AT THE EVENT IS REQUIRED to wear a face covering upon arrival when traveling from their vehicle to the fields; upon departure when traveling from the fields to their vehicle; when moving around the facility between fields and through communal areas such as headquarters, bathrooms, and all other areas.
- Players are required to social distance when not playing and to wear face coverings at all times when in the team technical area during games - Players may only remove face coverings when entering the game.
- Team coaches are required to wear face coverings at all times.
- Specific areas will be marked for players around their team sideline and bench/technical area to provide for adequate social distancing for those players who are not on the field during competition.
- There will be no team benches provided to reduce the chances of spread and need to sanitize.
- No early arrival and warm up in areas outside of the playing field prior to the game.
- Coach(es) and players should maintain social distancing during half time, water breaks and at all times when off the field of play, no halftime group talks without proper distancing.
- Coaches and players should maintain social distance in the "bench area" and in between games (i.e. do not congregate in groups of 5+ on the sidelines and maintain a minimum of 6 ft. apart from other groups).
- Do not share water bottles, drinks or food or any personal items.
- Hand contact of any kind will be prohibited (i.e. handshakes, 'high fives,' etc).

COVID-19 HEALTH & SAFETY GUIDELINES

- No spitting will be allowed on the field, sidelines, or anywhere on the event premise.
- RISE will not be providing hydration stations or nutrition - players and coaches should bring their own hydration and not share food or beverages with others.
- Tents or tarps may be used only in the technical areas to shield players from the sun and heat - It is recommended to bring enough tents so that all players may be in the shade while still maintaining proper social distancing.
- Cover your mouth when coughing or sneezing - recommended into the nape of the elbow
- Avoid touching eyes, nose, and mouth with hands.
- Players or coach should sanitize their hands each time they come off off the field and in between each game.
- All coaches and players should launder clothes, uniforms, and vests after day 1 of the event if the items are to be worn on day 2 (if applicable).

PARENTS AND SPECTATORS

- Anyone with symptoms (fever, cough, etc.) must not attend any event.
- Spectators should bring personal sanitizing materials.
- All spectators are required to wear masks at all times while on premises, no exceptions.
- Spectators and supporters will be located on the same side of field as the team they support to reduce interaction between competing teams and their supporters (see field diagrams).
- RISE strongly recommends that only one (1) parent/supporter per player attend each event.
- All supporters should maintain "social distance" (i.e. do not congregate in groups of 5+ (families only) on the sidelines and must maintain a minimum of 6 ft. apart from each other).
- Anyone feeling sick should leave the facility immediately or seek a healthcare facility.
- Avoid touching eyes, nose, and mouth whenever possible.
- It is strongly recommended that people over 65 and/or with pre-existing conditions do not attend.